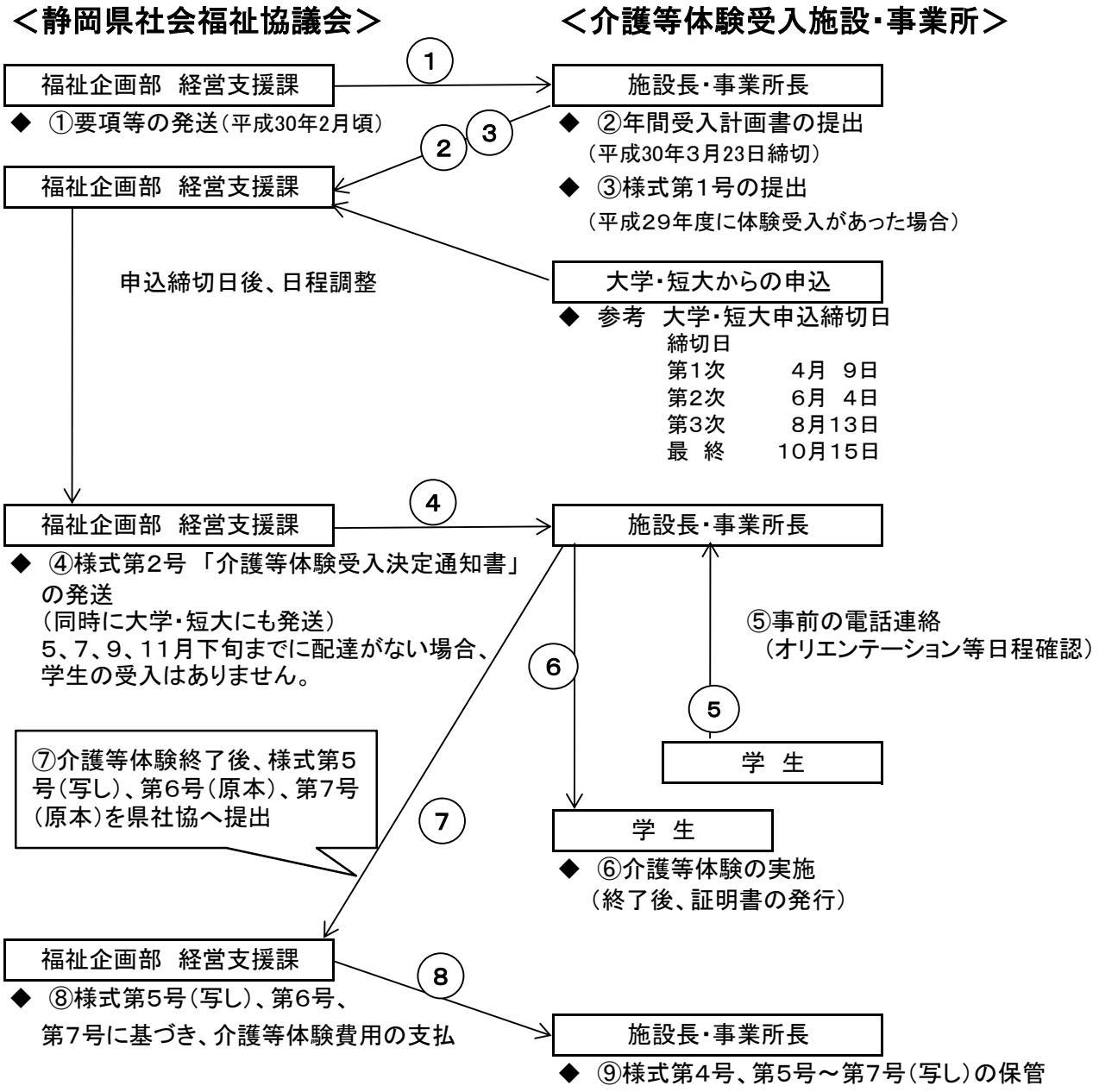平成30年度　静岡県「介護等体験」事業の流れ